

King County, Washington

BEHAVIORAL & MENTAL HEALTH PROVIDERS

- **24-Hour Crisis Line:** 1-800-576-7764
- **Domestic Abuse Women's Network (DAWN)**
(425) 656 – STOP
(425) 656 – 7867
<http://www.dawnonline.org>
- **King County Crisis Line**
(206) 461-3222
1-866-427-4747
- **King County Domestic Violence Recorded Information Line**
(206) 205 – 5555
- **King County Sexual Assault Resource Center** 24 hours
1-888-99-VOICE (86423)
- **24 Hour Alcohol / Drug Help Line**
(206) 722-3700
WA State Only: 1-800-562-1240
- **24 Hour Alcohol / Drug Treatment Referrals**
1-800-996-3784
- **National Eating Disorder Hotline**
1-800-931-2237
- **Eating Disorder - The Moore Center**
Bellevue (425) 451-1134
<http://www.moorecenterclinic.com/>
- **Eating Disorder & Counseling**
Samaritan Center of Puget Sound – Seattle
(206) 527-2266
<http://www.samaritanps.org/>
- **Valley Cities Behavioral Health Care -**
Federal Way
33301 1st Way South
Suite C-115
Federal Way, WA 98003
Tel: 253-939-4055
- **Greater Lakes Mental Healthcare**
Adults/Older Adults & Children/Families
9330 59th Avenue S.W.
Lakewood, WA 98499-6600
(253) 581-7020
- **Jeffrey Hart, MD**
Clinic for Counseling and Psychotherapy
33515 10th Pl S Ste 16
Federal Way, WA 98003
Phone: 253-838-2326
Accepting New Patients
All insurances accepted except Medicaid
Services: Depression, Mood Disorders, Medication management, ADHD, Anxiety and Panic Disorders, Bipolar Disorders, and PTSD.

- Lindsey A. Miller, ARNP**
 The Center for Family and Lifespan development
 33305 1st Way S Ste 203
 Federal Way, WA 98003
 Phone: 253-235-5956
 Website: thecenterpsych.com
 All insurances accepted except Medicaid.
 Services: emotional and behavioral challenges, medical conditions, anxiety disorders/worry/fears, depressive/mood disorders, relational challenges, ADHD & executive functioning, Autism Spectrum Disorders, anger issues, separation/divorce, family conflict, sleep issues, motivation issues, addiction issues, and career planning.
- Intercept Associates**
 30620 Pacific Highway South
 Suite 107
 Federal Way, WA 98003
 Tel: 253-941-7555
- Valley Cities Behavioral Health Care - Kent**
 325 West Gowe Street
 Kent, WA 98032
 Tel: 253-833-7444
- Kent Youth and Family Services**
 232 South 2nd Avenue
 Suite 201
 Kent, WA 98032
 Tel: 253-859-0300
- Refugee Women's Alliance - Community Mental Health Agency**
 124 4th Avenue South
 Suite 230
 Kent, WA 98032
 Tel: 253-246-4003
- Consejo Counseling and Referral Services - Kent**
 515 West Harrison Street
 Kent, WA 98032
 Main Tel: 253-856-9000
 Intake Tel 1: 206-461-4880
- Associated Behavioral Healthcare Inc**
 841 Central Avenue North
 Suite C-215
 Kent, WA 98032
 Tel: 425-646-7279
- Asian Counseling and Referral Service**
 10803 SE Kent Kangley Road
 Suite 206
 Kent, WA 98030
 Main Tel: 206-695-7600
- Lakeside Milam Recovery Centers - Auburn**
 721 45th Street NE, Suite C
 Auburn, WA 98002
 Main Tel: 253-859-6436
 Intake Tel 2: 800-231-4303
- Sound Mental Health - Auburn**
 4238 Auburn Way
 Auburn, WA 98002
 Main Tel: 253-876-7600
 Intake Tel 1: 206-302-2300

- **Valley Cities Counseling**
2704 I Street NE
Auburn, WA 98002
Main Tel: 253-833-7444
Intake Tel 1: 253-939-4055
- **Ronald Hoffman, MD**
Bellevue Behavioral Health Center (Sea Mar)
12835 Bel-Red Road, Suite 145 Building 100
Bellevue, Washington 98005
Phone: 425-460-7114
(Only accepting Medicaid)
Accepting New Patients
Services: Chemical Dependency
Services-drug and alcohol evaluations, mental health services, psychiatric medication assessments.
- **Nishant R. Patel, MD**
11201 SE 8th St Ste 105
Bellevue, Washington 98004
Phone: 425-454-0255
Accepting New Patients
(Accepts most commercial insurance)
Services: Anxiety and Panic disorders, Depression, Medication management, OCD, PTSD, Postpartum depression, and Psychotic Disorders.
- **24-Hour Crisis Line:** 1-866-427-4747
<http://www.kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/mental-health.aspx>
- **King County Behavioral Health and Recovery Division** Chinook Building
401 Fifth Ave., Suite 400
Seattle, WA 98104
Phone: 206-263-9000
Fax: 206-296-0583
- **Crisis Clinic: 206-461-3222**
- **Harborview Medical Center**
Outpatient Behavioral Health
325 9th Avenue
Box 359797
Seattle, WA 98104
Tel: 206-744-9600
- **Harborview Medical Center**
Inpatient Psychiatry
325 Ninth Avenue
Seattle, WA 98104
Main Tel: 206-744-3000
Intake Tel 1: 206-744-4464
- **Harborview Medical Ctr Addictions Prog**
401 Broadway Avenue
Seattle, WA 98104
Main Tel: 206-744-9600
Intake Tel 1: 206-744-9657
- **Swedish Medical Ctr/ Ballard Campus**
Behavioral Health Unit
5300 Tallman Avenue NW
Seattle, WA 98107
Main Tel: 206-320-2230
- **Mindful Therapy Group**
 - SEATTLE 320 NE 97TH ST, SUITE A, SEATTLE, WA 98115 | 206 453 5707
 - MOUNTLAKE TERRACE 21907 64TH AVE W, SUITE 200, MOUNTLAKE TERRACE, WA 98043 | 425 640 7009
 - SOUTHCENTER 7100 FORT DENT WAY, SUITE 220, SEATTLE, WA 98188 | 206 708 7274

- Sound Mental Health**
 1600 East Olive Street
 Seattle, WA 98122
 Main Tel: 206-302-2200
 Intake Tel 1: 206-302-2300
 Other Locations: Auburn/Kent, Bellevue, North Seattle, Seattle
 Madison, Redmond, and Tukwila
 Alternative languages available: Arabic, American Sign Language, French, Gaelic, German, Hindi, Hungarian, Japanese, Korean, Latvian, Lithuanian, Mandarin, Russian, Spanish, Tagalog, Yoruba
- Sea Mar Behavioral Health**
Turning Point Recovery
 113 23rd Avenue South
 Seattle, WA 98144
 Main Tel: 206-219-5980 x42202
- Asian Counseling & Referral Services**
 (206) 695-7600
 3639 Martin Luther King Jr. Way S.
 Seattle, WA 98144
 Alternative languages available:
 Cambodian, Cantonese, French, German, Hmong, Japanese, Korean, Lao, Mandarin, Mien, Samoan, Tagalog, Taiwanese, Thai, Taishanese and Vietnamese
- Consejo Counseling & Referral Services**
 (206) 461-4880
 3808 S. Angeline Street
 Seattle, WA 98118-1712
 Other location(s): Central District
 Alternative languages available: Spanish
- Evergreen Healthcare**
 (206) 923-6300
 Toll Free: 1-800-548-0558
 2414 SW Andover Street D-120
 Seattle, WA 98106
 In-home services provided throughout King County
 Alternative languages available:
 Mandarin
- Navos**
 (206) 248-8226
 2600 S.W. Holden Street
 Seattle, WA 98126-3505
 Other location(s): Burien
 Alternative languages available: Farsi, Japanese, Polish, Spanish
- Seattle Counseling Service for Sexual Minorities**
 (206) 323-1768
 1216 Pine Street, Suite 300
 Seattle, WA 98101
 E-mail Seattle Counseling

Melissa Fukunaga, ARNP
- Seattle Behavioral Health Center (Sea Mar)**
 10001 17th Place South
 Seattle, WA 98168
 Phone: 206-766-6976
 Only accepting Medicaid
 Accepting New Patients
 Services: Chemical Dependency
 Services-drug and alcohol evaluations, mental health services, psychiatric medication assessments.

- **Valley Cities Counseling & Consultation**
 (253) 939-4055
 325 West Gowe Street
 Kent, WA 98032-5892
 Other location(s): Auburn, Federal Way,
 Renton, South King County
 Alternative languages available: Creole,
 Czech, French, German, Hausa, Hebrew,
 Italian, Portuguese, Spanish, Tamil,
 Yoruba
- **YMCA Mental Health Services**
 (206) 382-5340
 Toll Free: 1-800-760-5340
 2100 24th Avenue S. Suite 260
 Seattle, WA 98144
 Alternative languages available:
 Laotian, Mandarin, Spanish, Thai
- **John T. Frederick, MD**
JTF Psychiatry
 1200 5th Ave Ste 2010,
 Seattle, WA 98101
 Phone: 206-778-5584
 Accepting New Patients
 Accepts most private insurance
 Services: Depression, Anxiety and Panic
 disorders, Cognitive-Behavioral
 Therapy, Medication management,
 OCD, and PTSD.

Snohomish County, Washington

BEHAVIORAL & MENTAL HEALTH PROVIDERS

- **Sunrise Community Mental Health**
1021 N Broadway Ave,
Everett, WA 98201
Phone: (425) 493-5800
- **Sea Mar Everett Behavioral Health**
5007 Claremont Way,
Everett, WA 98203
Phone: (425) 609-5505
- **Compass Health**
3322 Broadway,
Everett, WA 98201
Phone: (425) 349-6800
- **Compass Health**
526 Federal Ave,
Everett, WA 98203
Phone: (425) 349-6200
- **The Everett Clinic Behavioral Health**
1728 W Marine View Dr,
Everett, WA 98201
Phone: (425) 339-5453
- **Bay Psychiatric Center**
1728 W Marine View Dr #109,
Everett, WA 98201
Phone: (425) 252-9216
- **Compass Health clinic**
4308 76th St NE,
Marysville, WA 98270
Phone: (425) 349-7352
- **The Everett Clinic Behavioral Health**
4420 76th Street NE
Marysville, WA 98270
Phone: 360-651-7490
- **Catholic Community Services**
1227 2nd Street
Marysville, WA 98270
Main Tel: 360-651-2366 x0
- **Lynnwood Behavioral Health Clinic (Sea Mar)**
19707 44th Ave W Ste 101,
Lynnwood WA 98036
Phone: 425-977-2560
Only accepting Medicaid Insurance
Accepting New Patients
Services: Chemical Dependency
Services-drug and alcohol evaluations,
mental health services, psychiatric
medication assessments.
- **Compass Health**
4807 196th SW Suite 100
Lynnwood WA 98036
Tel: 425-835-5850
Compasshealth.org
Only accepting Medicaid Insurance and
provide a sliding fee or other options
for those with limited resources.
Services: Compass Health is a private,
non-profit, state licensed organization
providing mental health and chemical
dependency services.
- **Mindful Therapy Group Mountlake Terrace**
21907 64th Ave W #200,
Mountlake Terrace, WA 98043
Phone: (425) 640-7009

Pierce County, Washington

BEHAVIORAL & MENTAL HEALTH PROVIDERS

- **Pierce County Human Services
Crisis Line (24-hour)**
Immediate counseling, information, or referral to other resources.
 - Voice: 253-798-4333
 - TDD: 253-798-4349
 - Toll Free: 1-800-576-7764
- **Pierce County Human Services
Crisis Intervention Teams (24-hour)**
Stabilization of emergency or crisis situation in the community.
 - Tacoma/Peninsula Area: 253-396-5000
 - Lakewood/Southwest Pierce County: 253-584-8933
 - Puyallup/East Pierce County: 888-445-8120
- **Pierce County Human Services
Crisis Triage (24-hour)**
Short-term psychiatric crisis intervention services provided in a safe, medically supervised environment.
253-798-4357
- **Pierce County Human Services
Domestic Violence**
Crystal Judson Family Justice Center:
253-798-4166/800-764-2420
YWCA 253-383-2593
Crisis Line-see above numbers
- **Acquainted With Grief**
253-272-5558
- **Children's Home Society**
253-471-0141
- **Asian Counseling Services**
253-471-0141
- **Comprehensive Mental Health Center**
253-396-5800
- **Fort Lewis Army Community Services**
253-967-7166
- **NW Pastoral Counseling**
253-564-4233
- **PLU Marriage & Family Therapy Center**
253-535-8782
- **Transitions: Counseling and Hypnosis**
253-383-5757
- **Veterans Outreach Program (VA Medical Center)**
253-582-8440
- **Catholic Community Services
Family Behavioral Health**
5410 North 44th Street
Tacoma, WA 98407
Main Tel: 253-759-9544
Intake Tel 2: 800-566-9053
- **Catholic Community Services**
1323 S. Yakima Ave.
Tacoma, WA
253-502-2696
- **Comprehensive Mental Health**
514 S. 13th St.
Tacoma, WA
253-396-5000
- **Good Samaritan Behavioral Health
(Sliding scale for children only)**
325 E. Pioneer
Puyallup, WA
253-697-8400
24-hour Crisis Line: 253-445-8125

- **Greater Lakes Mental Health Care**
9330 – 59th Ave. SW
Lakewood, WA
253-581-7020
- **Healing Places Counseling Center (aka Northwest Pastoral Counseling)**
1614 S. Mildred
Tacoma, WA
253-564-4233
- **Hope Sparks (formerly Child and Family Guidance Center)**
6424 N. 9th St.
Tacoma, WA
253-460-1090
- **Lakeside Milam Recovery Centers**
Tacoma
3315 South 23rd Street
Suite 102
Tacoma, WA 98405
Main Tel: 253-272-2242
Intake Tel 2: 800-231-4303
- **Multicare Behavioral Health**
2201 South 19th Street
Suite 104
Tacoma, WA 98405
Main Tel: 253-697-8507
- **Pierce County Crisis Clinic (Crisis Line Only – No Patients)**
1-800-576-7764
- **Sexual Assault Center of Pierce County (Crisis and Intervention Line Only)**
253-474-7173
- **Solutions Counseling Service**
3517 – 6th Ave., Suite 100
Tacoma, WA
253-879-1200
- **Sea Mar Parenting and Recovery**
1119 Tacoma Avenue South
Tacoma, WA 98402
Main Tel: 253-246-6820
- **Sea Mar CMHC**
Pierce County
2121 South 19th Street
Tacoma, WA 98405
Main Tel: 253-396-1634
- **Foundation for Multicultural Solutions El Camino**
2316 South State Street Suite B
Tacoma, WA 98405
Main Tel: 253-572-3214

Olympic Peninsula / South Washington

BEHAVIORAL & MENTAL HEALTH PROVIDERS

- **Lewis County 24 hr crisis Line:**
360-330-9044 or 800-559-6696
- **Cascade Mental Health Care-
Community Allied Behavioral Health**
2428 West Reynolds Ave
Centralia, WA 98531
Phone: 360-330-9044
Fax: 360-736-2106
- **Thurston County 24hr crisis Line:** 360-586-2800
- **Behavioral Health Resources- Olympia**
3857 Martin Way E
Olympia, WA 98506
Phone: 360-704-7170
Fax: 360-704-7182
- **Providence St. Peter Hospital
Outpatient Psychiatry**
413 Lilly Rd NE
Olympia, WA 98506
Phone: 360-493-7060
Fax: 360-493-7562
- **Sound Psychiatric Solutions**
1800 Cooper Point Rd, Building 12
Olympia, WA 98512
Phone: 360-515-0342
Fax: 360-338-0502
- **The Olympia Free Clinic**
108 State Avenue NW
Olympia, WA 98501
Phone: 360-890-4074
Fax: 360-890-4960
- **Mason County 24 hr crisis line – 360-586-2800**
- **Behavioral Health Resources- Shelton**
110 West K St
Shelton, WA 98584
Phone: 360-704-7170
Fax: 360-704-7182
- **Mental Health Professionals- Shelton**
1620 Olympic Highway North
Shelton, WA 98584
Phone 360-285-3400
Fax: 360-930-6887
- **Crisis Line of the Peninsulas- Serving
Kitsap, Clallam and Jefferson
Counties 24 hr Crisis Line:** 360-479-3033
or 1-800- 843-4793
- **Kitsap Mental Health Services (KMHS)**
5455 Almira Dr NE
Bremerton, WA 98311
Phone: 360-405-4010
Fax: 360-415-5891
- **Peninsula Behavioral Health- Port
Angeles**
118 East 8th St
Port Angeles, WA 98362
Phone: 360-457-0431
Fax: 360-457-0493
Contact: Shelly